

# LEADING THROUGH SWIM COACHES



## HWB - CONFIDENT INDIVIDUALS

### LET'S MAKE WATER FUN!!

The main aim is to develop the skills and behaviours in you to help you plan, lead and evaluate fun, safe and engaging swimming sessions for primary pupils.

This course is for you if you have a strong interest in sport and would like to develop your knowledge and skills in swimming, beneficial for potential future employment.

Please note – This course is split into classroom and practical until October. Then there is practical teaching each week, developing primary 5 swimming.

This is not a course for you if you do not want to stand up and lead sessions (with support)

### SKILLS FOCUS



COMMUNICATING



COLLABORATING



LEADING



CURIOSITY



CREATIVITY



CRITICAL THINKING



INITIATIVE



ADAPTING



FOCUSING

### RECOGNITION OF ACHIEVEMENT

Level 4 or 5 Leadership Skills Foundation Award

### LEARNING INTENTION, SUCCESS CRITERIA & CAREER OPPORTUNITIES

#### Learning Intentions

I will:

- improve my communication by giving clear instructions and demonstrations
- build my leadership by creating safe sessions
- assess the requirements of participants and prepare relevant resources and practices
- develop my initiative by preparing a sequence of sessions independently

#### Success Criteria

I can:

- communicate clearly so participants understand my instructions and tasks
- lead the sessions safely, staying calm and in control.
- prepare fully to plan, lead and review an activity using communication
- motivate participants and provide effective feedback, using verbal and non-verbal communication

#### Career Opportunities

- Active Schools
- Sports Coaching and Development
- PE Teaching
- Swim Instructor
- Lifeguard
- Leisure management

#### The Four Capacities

